

What to bring

Your walker number, spare clothing, a few plasters, water-proofs and something to eat and drink. Drinks, sweets and snacks will be available at St Luke's Church and cold drinks will also be available at strategic points on the route but you are strongly advised to bring your own picnic.



What to wear



Comfortable boots or walking shoes as some paths can be rough and muddy. Waterproofs and warm clothing are needed in case the weather turns nasty as parts of the route are fairly exposed.

Organisation

There are marshals and other helpers available throughout the route to assist with any queries or emergencies. The Trek organisers hope you will have a safe and enjoyable day out. The organisers can be contacted on the day of the walk on 0114 2301624.

After the Trek

Don't forget to check out and collect your sponsor sheet when you get back to St Luke's. We hope you will collect your sponsor money as soon as you can. There is a just giving site you can link to if you would rather collect your sponsor money this way. See website for details. (www.sheffieldmaydaytrek.org.uk)

When you have collected it, please send it in the form of a **cheque or postal order**, with your **sponsor form** to :

Nicholas Morris 7A Moorcroft Close, Sheffield, S10 4GU

The May Day Trek and the Night hike last year raised nearly £10,000 for the work of Christian Aid and help to support people like Marcelin to carry on supporting their families. Thank you for your help in fundraising for this vital work.



£210 could pay for two days' construction training for a local builder in Haiti to help build people secure homes.

SHEFFIELD MAY DAY TREK 2018 INFORMATION GUIDE 6 or 11 MILE WALK



Monday 7th May 2018

Thank you for registering for this year's May Day Trek

You have chosen to support Christian Aid and your registration number is given on your e-mail.

This year there is the choice of two routes, all beginning at St Luke's Church and passing through the Hallam Moors to the West of Sheffield.

The 6 mile route is suitable for families with young children. The 11 mile route is for those who want a bit more of a challenge.

Please check in at St Luke's Church, Lodge Moor, Sheffield S10 4LQ between 9.30 and 10.30 a.m.

There will be a short welcome and opening prayer at 10.00 a.m., and you may start walking at any time after that up to 10.40 a.m.

If you have any further questions please visit the web-site www.sheffieldmaydaytrek.org.uk,



e-mail sheffieldmayday-walk@gmail.com or telephone 0114 2759828



The walks start and finish at St. Luke's Church. There are 2 circular walks of 6 and 11 miles into and through the Hallam moors to the west of Sheffield.

The 6-mile walk is family friendly for those with young children, though it is not suitable for buggies. This walk goes out and back along Redmires Conduit, and around Redmires reservoirs via Redmires Road along the north side and the Yorkshire Water concessionary path along the south side.

The 11-mile walk is suitable for those who want something longer, though probably unsuitable for very young children. This leaves following the Sheffield Night Hike route in reverse; along David Lane past the Mayfield Centre, crossing the Porter Valley, upto the Norfolk Arms at Ringinglow, and following the track over Houndkirk Moor. About 1/2 mile before the A57 and Fox House, the route leaves the Night Hike route, turning right across Burbage Moor to Upper Burbage Bridge, upto and along Stanage Edge, and turning right to rejoin the Night Hike route passed Stanage Pole, following the Yorkshire Water concessionary path along the south side of Redmires reservoirs and back along Redmires Conduit.

Full walk guides are available on the website and there will be some available on the day.

Disclaimer

Please make sure that you are physically fit enough to participate in your chosen walk. Christian Aid cannot be held responsible for any accidents, injury or loss of property that may occur during the walk.

Getting to St Luke's Church, Lodge Moor

St Luke's Church is situated on the corner of Blackbrook Road and Blackbrook Drive. Heading out of Sheffield on the A57, turn onto Sandygate Road at Crosspool the follow this road as it changes to Redmires Road until you have passed the Hallamshire golf course then turn left onto Blackbrook Road. Parking is available on street on the roads immediately adjacent to the church.

Public Transport

Bus number 51 from Sheffield City Centre stops at the corner of Redmires Road/Blackbrook Road. There is currently a service leaving Arundle Gate at 0834 and 0934 on May Day however this may change so please check with Travel South Yorkshire on closer to the day on 01709 51 51 51.

Marcelin still hasn't recovered from Hurricane Matthew, which hit Haiti in September 2016, destroying his home, possessions and livestock.

'I lost pigs, goats, everything in the house. I have nothing left,' he says.

He now lives in an old concrete shower block, a tiny space he shares with his teenage daughters. There are no windows or doors, and the only furniture is a single bed that the girls sleep on.



Marcelin has fought hard to raise his children alone but can no longer afford to send them all to school. He gets up at dawn each day to work the land, but the changing weather frequently destroys the food he grows and the family often go hungry.

Marcelin fear his daughters' hunger could lead them to be exploited by predatory men in exchange for food.



Our local partner in Haiti is helping people prepare for disasters. Ahead of Hurricane Matthew, we warned communities, helping evacuate around 5,000 families, potentially saving many lives. We then gave out much-needed shelter kits, hygiene kits, food seeds and cash transfers.

We're also building disaster-resistant homes to give people safe, secure places to live. Of the dozens of new houses we built before the hurricane hit, only one lost its roof in the disaster.

£50 could buy basic building tools to help people build secure homes.

But there are still lots of people like Marcelin we haven't yet reached, and we need your help.